

# In this issue

## Critical faculties

**05 Regenerating identities.** Donald Hutera, a one-person diaspora, paws at the roots of identity

## Focus – African People's Dance (APD)

**06 Take a closer look: diversity in the Diaspora.** Jeanette Bain-Burnett looks at practice and ambition within the APD community

**10 More conversations please!** Funmi Adewole Kruczkowska reflects on the developing discourse around APD

**13 Pathways to education and employment through APD.** Beverley Glean and Rosie Lehan on some of the changes within APD and Higher Education

**17 Rooted visionaries.** Kweku Aacht in dialogue with three dance artists about identity, community and defining their work

**21 Our dancing days are (not) done...** Rachel Rogers reports on health and wellbeing work with older people from the Caribbean community in Liverpool

## Health

**24 Going by way of the body in dementia care...** Arts psychotherapist Dr. Richard Coaten sets out the important role dance can play in supporting people with dementia

**26 Neuroscience and the healing art of dance.** Dr. Julia Stewart Clark outlines the fascinating science behind dance as a 'healing' art

**28 Ah! A dose of dance, medicine for the body and soul.** Jacqueline McCormick on the health benefits of family based dance

## Disability

**32 East meets West.** Lucia Blash describes an exchange between disabled dancers from Cambodia and the UK

## International

**35 Overcoming cultural boundaries – sharing practice.** Fleur Derbyshire-Fox enters into intercultural dialogue in China with non dance professionals and people with disabilities



17

## From the editor

The primary impetus for this issue of *Animated* was attending two exciting conferences towards the end of 2010. The first, *Re: Generations*, organised by the Association of Dance of the African Diaspora (ADAD), IRIE! dance theatre and State of Emergency Productions; the second, *Memory*, organised by Bisakha Sarker of Chataurangan and Merseyside Dance Initiative with a focus on dance and dementia.

Exciting in their different ways, and with their different focus, because they trod new ground and sought new ways to address important issues. Both fused theory and practice in ways that were both challenging and accessible. They brought people together, whether intentionally or no, who needed to be in dialogue - scientists and artists, academics and practitioners - and gave them equal voice and status. It is difficult to recapture the excitement of an event if you weren't there, however, we have tried to bring together some of the key themes and ideas raised by these conferences in this issue. Enjoy.

**Ken Bartlett, Creative Director**  
**Foundation for Community Dance**



25



33

**Cover photo:** Yolanda Newsome, Foundation Degree site specific performance, *Passing Through*. Photo: Viesturs Gross